

Sports Massage Special!!

Book or walk in today!

Get a relaxing Sports Massage
for just...

£20 for 30 minutes

£30 for 60 minutes

With Joe Rodgers
Graduate Sports Therapist
Mondays - 10am-10pm
Wednesday - 10am-10pm

Offer good until Christmas!

Book now at gym
reception or ring us on:
01732 833570


GOLF, HEALTH & LEISURE

www.hildenpark.co.uk