

## HOT BEVERAGES

FILTER COFFEE	£1.25	CAPPUCCINO	£1.90
LATTE	£1.90	HOT CHOCOLATE	£1.65
AMERICANO	£1.65	DOUBLE ESPRESSO	£1.50
ESPRESSO	£1.20	EARL GREY	£1.35
BREAKFAST TEA	£1.25	TEA FOR TWO	£2.00
MOCHA	£1.95		
HERBAL TEA (PEPPERMINT, CHAMOMILE, MINT, GREEN)	£1.35		
FRUIT TEA (LEMON & GINGER, BLACKCURRANT & VANILLA)	£1.35		

## ALCOHOLIC DRINKS

### DRAUGHT BEERS

JOHN SMITHS	£2.90
FOSTERS	£2.90
STRONGBOW	£2.90

### CANNED BEERS

GUINNESS	£2.50
BUDWEISER	£2.50
BECKS	£2.25

### WINE

MEDIUM WHITE WINE - FORTUNATO PINOT GRIGIO PRODUCED IN THE VENETO REGION OF NORTH EAST ITALY. THE PERFECT WINE FOR LIGHT CUISINE SUCH AS POULTRY OR FISH

**BOTTLE £11.75 GLASS £2.25**

DRY WHITE WINE - CHARDONNAY PRODUCED IN SOUTH EASTERN AUSTRALIA. THIS MEDIUM BODIED CHARDONNAY CAN BE ENJOYED WITH SEAFOOD, POULTRY, WHITE MEATS AND PASTA

**BOTTLE £11.75 GLASS £2.25**

RED WINE - WOLF BLOSS SHIRAZ CABERNET SAUVIGNON. SOFT, FRUITY AND FULL FLAVOURED, THIS WINE CAN BE ENJOYED WITH RED MEAT DISHES.

**BOTTLE £13.95 GLASS £2.50**

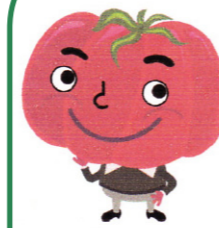
OXFORD LANDING MERLOT. THIS SOFT, SILKY MERLOT CAN BE ENJOYED WITH RED MEAT DISHES

**BOTTLE £11.75 GLASS £2.25**

### SPIRITS

VODKA	£1.50	TONIC/SLIMLINE TONIC	£1.00
GIN	£1.50	DRY GINGER	£1.00
WHISKY	£1.50	BITTER LEMON	£1.00
BRANDY	£2.00		

### MIXERS



## JUNIOR MENU

TRY OUR NEW DISHES WE HAVE DEVELOPED TO PROMOTE THE VERY BEST IN NUTRITIONAL CONTENT FOR CHILDREN.

### BREAKFAST

(SERVED 7:00AM UNTIL 12:00 NOON)

BEANS ON TOAST	£1.50
BOILED EGG & SOLDIERS	£1.50
TOAST	£1.00

SERVED WITH JAM, MARMITE OR PEANUT BUTTER

### THE MAIN EVENT

PIZZA FEAST	£2.50
TOMATO & MOZZARELLA PIZZA WITH GARLIC BREAD AND CURLY FRIES	
ANNABEL KARMEI'S HOMEMADE BURGER	£3.50
A TRULY DELICIOUS HOMEMADE BURGER SERVED WITH FRIES & SALAD	
SAUSAGE SIZZLE	£2.95
A REAL PORK SAUSAGE IN A FINGER BUN WITH CURLY FRIES AND CUCUMBER	
SPAGHETTI BOLOGNESE	£2.50
COOKED WITH FRESH MINCE & TASTY BOLOGNESE. SHH...THERE ARE FIVE DIFFERENT VEGETABLES THAT YOU CAN'T SEE	
FISH FINGERS	£2.50
PURE COD FISH FINGERS SERVED WITH CHIPS & PEAS	
CHICKEN CURRY & RICE	£3.95
TENDER CHICKEN BREAST IN A MILD COCONUT CURRY SAUCE, SERVED ON A BED OF RICE	
PICNIC PLATTER	£3.50
HAM, CHEESE OR JAM SANDWICH, CRISPS WITH A PIECE OF FRUIT & A JUICE CARTON	



### SIDES

CHICKEN NUGGETS SERVED WITH A DIP	£2.25
CHIPS	£1.00

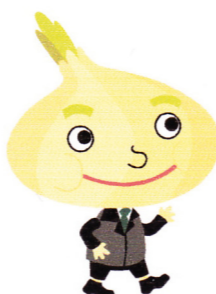
### DESSERTS

FRESH FRUIT LOLLIES	£1.00
ICE CREAM	£1.50



### DRINKS

HOT CHOCOLATE & MARSHMALLOWS	£1.65
BABYCINNO	50P
HILDEN'S 100% PURE FRUIT SMOOTHIE	£2.50
MILKSHAKES	£2.50



# cafébar Menu

  
**hilden park**  
GOLF, HEALTH & LEISURE

## ALL DAY BREAKFAST

**FULL ENGLISH BREAKFAST** £6.25  
BACK BACON, SAUSAGE, EGGS COOKED TO YOUR LIKING, HASH BROWN, BAKED BEANS, MUSHROOMS

**VEGETARIAN BREAKFAST\*** £4.50  
EGGS COOKED TO YOUR LIKING, HASH BROWN, BAKED BEANS, MUSHROOMS

**EGGS ON TOAST\*** £2.25  
CHOOSE FROM SCRAMBLED OR POACHED EGGS ON GRANARY OR WHITE TOAST

**BACON OR SAUSAGE BUTTY** £2.50  
THICK CUT SLICE OF TRADITIONALLY CURED BACK BACON OR LOCALLY SOURCED CUMBERLAND SAUSAGE ON CRUSTY WHITE BREAD

**BREAKFAST SANDWICH** £3.25  
A FREE RANGE EGG, BACON OR SAUSAGE ON CRUSTY WHITE BREAD

**OAT PORRIDGE\*** £1.50  
PLAIN  
WITH HONEY, SULTANAS, BROWN SUGAR OR STRAWBERRY JAM

## BAKERY COUNTER

**MULLER YOGHURT SELECTION\*** 80P

**FRUIT FROM THE BASKET\*** 50P

**CROISSANT, PLAIN OR CHOCOLATE** £1.20

**MIXED DANISH PASTRY** £1.20

**FRESHLY BAKED MUFFINS** £1.50

**TOAST** £1.00  
THICK CUT WHITE BLOOMER OR GRANARY, WITH A BIT OF BUTTER

**TOAST WITH...** £1.00  
JAM, PEANUT BUTTER, MARMALADE, MARMITE OR HONEY

## OMELETTES

**3 FREE RANGE EGG OMELETTE, SERVED WITH A GREEN SALAD OR FRIES** £4.50

**CHOOSE TWO OF THE FOLLOWING ITEMS:**  
CHEDDAR CHEESE, HAM, MUSHROOMS\*, TOMATO\*, ONION, BACON

## SOUP, NIBBLES & LIGHT BITES

**SOUP OF THE DAY** £2.95  
TODAY'S SOUP SERVED WITH FRESH BREAD

**CHUNKY CHIPS** £1.50

**CHEESY CHIPS** £2.00

**ONION RINGS** £2.50

## SANDWICHES

**SERVED ON A FRESHLY BAKED BAGUETTE, FARMHOUSE ROLL OR WHITE BLOOMER WITH SALAD GARNISH AND CRISPS**

**HILDEN CLUB** £4.25  
FREE RANGE CHICKEN MIXED WITH MAYONNAISE, CRISPY BACON, TOMATO & LETTUCE

**SMOKED SALMON & CREAM CHEESE** £4.25  
LIGHTLY SEASONED TO TASTE

**TUNA MAYONNAISE\*** £3.50  
WITH CUCUMBER & SALAD LEAVES

**CHICKEN MAYONNAISE** £3.75  
WITH SALAD LEAVES

**CORONATION CHICKEN** £3.95  
FREE RANGE CHICKEN MIXED WITH OUR LIGHTLY SPICED DRESSING

**HAM & CHEDDAR** £3.95  
THICK CUT HAM, RICH MATURE CHEDDAR & VINE-RIPENED TOMATO

**HOUMOUS & ROASTED PEPPER\*** £3.95  
CHARGRILLED RED PEPPERS & SALAD LEAVES

## TOASTIES

**HAM & CHEESE** £2.50

**CHEESE & TOMATO** £1.80

**CHEESE & ONION** £1.80

## JACKET POTATOES

**SERVED WITH SALAD AND YOUR CHOICE OF FILLING:** £4.50  
CHICKEN MAYONNAISE, BACON, SMOKED SALMON & CREAM CHEESE\*, TUNA MAYONNAISE\* HAM, CHEDDAR CHEESE, CORONATION CHICKEN, HOUMOUS & ROASTED PEPPER

## HOT DISHES

**GAMMON, EGG & CHIPS** £4.50  
LOCALLY SOURCED GAMMON HAM, TWO FREE RANGE EGGS COOKED TO YOUR LIKING AND CHUNKY CHIPS

**SCAMPI** £5.50  
DEEP FRIED WHOLETAIL SCAMPI & CHUNKY FRIES, SERVED WITH LEMON & TARTARE SAUCE

**HILDEN BURGER** £5.50  
SERVED ON A TOASTED BUN WITH SALAD LEAVES, MAYONNAISE & FRIES  
EXTRA CHEESE **50P** EXTRA BACON **£1.00**

**SPECIALS OF THE DAY – PLEASE SEE THE BLACKBOARD**

## SALADS

**WARM CHICKEN & CRISPY BACON** £5.50

**TUNA MAYONNAISE\*** £5.25

**HAM & CHEDDAR** £5.50

**CHICKEN CAESAR SALAD** £5.50

**CAESAR SALAD** £4.50

## DESSERTS

**SEE THE SPECIALS BOARD FOR OUR DESSERT OF THE MONTH** FROM £1.95

\* = THIS REPRESENTS OUR HEALTHY OPTION AND IS RECOMMENDED BY OUR PERSONAL TRAINERS. PLEASE SPEAK TO THE HEALTH CLUB MANAGER FOR FURTHER INFORMATION.

🌿 = VEGETARIAN

## COLD BEVERAGES

**COCA COLA/DIET COCA COLA** £1.25

**POWERADE** £1.35

**FANTA ORANGE** £1.25

**DR PEPPER** £1.25

**SPRITE** £1.25

**ORANGE JUICE** £1.25

**RIBENA** 95P

**FRUIT SHOOT** 95P

**STILL WATER** £1.25

**SPARKLING WATER** £1.30