

tighten your belt this winter..

...we'll take the
inches & give you
back the £££s!



**join hilden health club in january or
february and receive vouchers worth
£200 to spend on:**

beauty treatments  car valet
driving range  green fees
personal training  golf lesson

**....plus free entry into our prize draw to
win a year's membership!**

terms & conditions apply

call us now on 01732 833570 for
details or pop in and see us at
rings hill, hildenborough


hilden
health club

hilden members ltd

www.hildenhealth.co.uk